

## TESTIMONIALS

"As a practitioner for over three years, I have some amazing health results from footbaths. Some of the most dramatic have been lumps that have completely disappeared after usually one footbath. "...I have treated three Vietnam veterans with agent orange in their legs and feet - After taking several footbaths, the itching, burning, and stinging, as well as the discoloration in the skin in these areas were all dramatically reduced and all were returned to being comfortable once again. One man had acetone poisoning. He had been seriously ill for six years. After two and a half months of weekly footbaths, he was completely restored to his former health. In one woman's footbath, the removal of heavy metals was so extreme that the substance coming from her body through her feet was black and gritty -she had been an airline stewardess for many years. "...Toxicity is a major health concern in our present polluted society. We must have a method to detoxify the body - The energetic footbath is in my opinion the most effective way to address this serious problem" -PB

"I have been using the footbath since 2000, and some results have been increased energy. My complexion is very clear and the whites of my eyes are white. I'm very healthy. People notice something different about me and want whatever it is. My joints no longer feel stiff, and I just feel an all over renewal. " -LW

"I've found a machine that really helps diabetes. It is the footbath machine. It is new to the United States. It cleans the poisons and toxins out of your system. I got one because I've been a hairdresser all of my life and my body was extremely toxic. What I didn't realize was how much it would help my husband who is diabetic. He had no feeling in the bottoms of his feet for 3 ~ years. After three treatments the feeling came back. When his legs were swollen it took the swelling and pain out of his legs and ankle. He lost seven pounds after that treatment over a two day period. After continued use of the footbath machine his breathing got better. His lung capacity was 40% and now it is 79% Also, he had no trouble with his heart when he had his hernia surgery. Normally, he would end up in the ICU unit whenever he had any surgical procedure. I feel like I have found the fountain of youth. The best of health to all of you. Thank you." -CM

"On the first visit it looked like my feet were in a tub of transmission fluid when I finished [the footbath]. I've had severe swelling and pain in my right elbow, bursal sack. It was crystallizing. After the first treatment, the swelling kept going down and just two days later back to normal. I have more energy and don't seem to need naps during the day. Very impressed with the results!" -RG

DETOX  
NATURALLY

THE  
**OPTIMUM FOCUS**  
footbath systems

...CELLULAR CLEANSING

...BALANCING

...ENERGIZING

...CLARITY

...AND MORE



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**OPTIMUM**  
ENERGETICS SYSTEMS  
detox footbath systems

## ...CELLULAR CLEANSING

## ...ENERGIZING

# OPTIMUM FOCUS Energetic footbath systems

By placing your feet in a warm tub of water (or relaxing in a full body bath) for 35 minutes, you are comfortably and easily cleansing at the cellular level. You'll feel revitalized, balanced, healthy and ready to enjoy life, often as a result of just a single bath.

The OPTIMUM FOCUS footbath is a gentle and effective way to cleanse the body. It is the newest of experimental therapeutic devices developed with the help of practitioners who have worked in the field of energetic baths since they were first introduced to the American public. Over four years of field research has gone into the development of this unit.

Most people do not have enough physical energy to carry them through an entire day without having to resort to caffeine, nicotine, alcohol, sugar, processed fast foods or drugs in order to stimulate, tease, or threaten the cells of the body into assisting them: setting up energetic chaos within the body. Emotional stresses also weaken the body. Perpetuating this physical imbalance weakens the immune system, continuing and contributing to the lack of sufficient daily energy. Lack of sufficient energy, aches and pains, and physical disease are all signs of imbalance occurring at the cellular level. When ignored, or masked over by stimulants, this condition only continues, and it can get worse.

*"In the largest study of chemical exposure ever conducted on human beings, the U.S. Center for Disease control and Prevention reported that most American children and adults have in their bodies dozens of pesticides and toxic compounds used in consumer products, many of them lined to potential health threats". Los Angeles Times, Monday July 25, 2005*

We are primarily composed of water. According to researchers and doctors, the average human body is 70% to 80% water. Healthy pure water that moves freely throughout our cells has an energetic quality about it, much the same as the mountain spring water that is continually nourishing the land. Water carries with it a healing signature, which very much depends on the messages we transmit through it.

## ...BALANCING

## ...CLARITY

## ...AND MORE

We all have unique energetic fields produced by the atoms that are vibrating at rapid and varying rates within our cells. Everything we ingest into our body and everything that we physically or emotionally experience affects our cells.

*"Water generates electrical magnetic energy in every body cell, providing a natural power boost" -F. Batmanghelidi, M.D.*

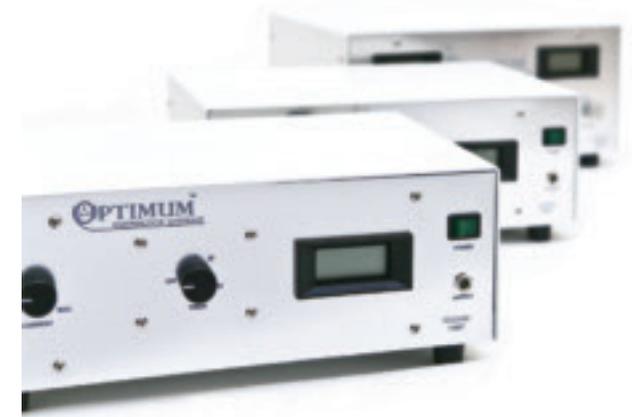


The OPTIMUM FOCUS footbath with the unit's 'Optimizer' submersible water module. When your feet, or body, are immersed in the water during a 35-minute bath, the OPTIMUM FOCUS works with the water in your body, activating it, energizing and balancing the meridians. As a result, the body as a whole is energized and more in balance. The human energy fields are stronger and more free-flowing, strengthening the body's immune system.

## ONLY THE FINEST HIMALAYAN SALT COPPER TUB



*"The human body is essentially water; and consciousness is the soul. Methods that help water to flow smoothly are superior to all other medical methods available to us. It's all about keeping the soul in unpolled state." -Dr. Masaru Emoto*



## HOW IT WORKS

The 'energetic footbath' is an application of a medically approved process, 'Peritoneal Dialysis'. This process uses osmosis to remove impurities from the body. Osmosis is the phenomenon of fluids passing through a semi-permeable membrane, from a less dense solution into a higher dense solution. When working with the human body, this fluid transfer takes valence toxins from the body into the solution (the size of the molecule has to be small enough to pass through the pores of the membrane). Within each 35 min. treatment, the body releases what it is ready to let go of at that moment in time. Each footbath will affect the body differently, as it continues to move more toward maintaining a healthy balance. Since every person is unique, each person will be affected differently. The body's energetic field is stimulated, cells release toxins into the lymphatic system. The waste that is not drawn out during the 35 min. process, it will continue to be dumped into the lymphatic system and will be released during the body's natural elimination process. One can expect stronger urine & more stool from 3 to 5 days after having one 'energetic footbath'. The small amount of Himalayan Salt, chosen because of its balanced crystalline structure, added to the footbath provides the electrolyte for the Optimizer, as well as the immediate generation of ions. Negative ions will bind with some of the molecules it encounters, effectively giving them a negative charge. The negatively charged material will be attracted to and bound by a positive (or less negatively charged) element.

## BENEFITS

Regular use of the OPTIMUM FOCUS footbath can achieve: Anti-aging, Boosted Immune System, Clearer Skin Complexion, Detoxification, Pain Relief, Weight Loss, Increased Circulation, Reduced Stress & Fatigue, Reduced Swelling/Inflammation, Improved Joint Stiffness, And More....