



FOCUS™ ENERGETIC SYSTEM

EXCITER™

CARE & CLEANING

HYMBAS

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CARE and CLEANING of your EXCITER™

Please read these instructions carefully before using.

Upon completion of each footbath, we recommend the following procedure for cleaning your Exciter:

Disconnect the Exciter cord from the power box and remove the Exciter from the water. *To prevent corrosion, do not allow the Exciter cord connector to get wet during use or cleaning.*

Rinse the Exciter thoroughly with hot water, then spray it with a mild, non-abrasive cleaning solution such as CLR Kitchen/Bathroom Cleaner (yellow spray bottle) or Orange Glow. Use the brush that comes with the system to *gently* clean off any particulate matter that has adhered to the Exciter, if necessary. *Do not vigorously scrub the wires, soldering points, copper connecting strips, or blue insulating material. This could compromise the connections and affect the operation of the Exciter.* Leave the cleaning solution on the Exciter for 10 to 15 minutes, then rinse again with hot water. (Cleaning solution should not be left on the Exciter for any long periods of time as it may cause unnecessary wear or damage to its rings or wiring.)

After your Exciter has been cleaned, we recommend applying a hospital grade disinfectant and again rinse thoroughly with hot water. This is especially advisable if more than one person will be using the Exciter. One such anti-bacterial product that has been recommended by practitioners is Citrus II, a non-abrasive hospital grade disinfectant. It can be found online at www.quickmedical.com/beaumont/deodorizing_cleaner.html.

Upon completion of the cleaning always allow the Exciter to air dry for a minimum of one hour before returning it to the storage case. Do not store the Exciter in a plastic bag as this can result in a moisture build-up due to condensation.

Note: The same products and cleaning procedures that we recommend for the Exciter can also be used for your footbath tub.

If you see the Exciter plates developing a whitish build-up of deposits (this happens in some areas depending upon the mineralization in the water supply), soak the Exciter in white vinegar for about a half hour (or in a 50/50 solution of white vinegar and water for about an hour), then rinse well with hot water. This will usually loosen up the deposits so they can be removed with regular cleaning.

The Exciter rings should be inspected for deposit build-up after every footbath, as these deposits can sometimes seriously affect the effectiveness of your footbaths. Depending upon mineralization of the water, the health condition of the person taking the footbath, and many other factors, your Exciter may require a white vinegar soak as often as every one or two baths. At any rate, you should give your Exciter a white vinegar soak at least every six to seven footbaths.

If you believe you are experiencing a "lack of color" in your footbath water, please follow these steps before calling us:

- 1. Clean your Exciter using a non-abrasive cleanser such as CLR or Orange Glow.*
- 2. Soak the Exciter in white vinegar for at least a half hour, or in a 50/50 white vinegar and water solution for at least one hour.*
- 3. Rinse the Exciter thoroughly with hot water.*
- 4. Run the cleaned Exciter in a fresh footbath using **two to three times the amount of salt** that you normally use.*

If you believe you are still experiencing problems with your Exciter, please call your distributor or Health & Energy Alternatives Inc. directly.

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