



FOCUS™ ENERGETIC SYSTEM

# COPPER TUB

## USE & CARE

HYMBAS

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## USE and CARE of your COPPER TUB

In order to minimize discoloration and tarnishing of your copper tub, we advise using a plastic liner for your footbaths. We have had excellent results with ordinary 13 gallon tall kitchen trash bags (the kind with a built-in drawstring closure).

Simply insert your copper tub into the plastic bag and fasten the drawstring to one of the tub handles. This will keep the bag from slipping when the tub is filled with water. Gently push the air out of the bag so that it lines the inside of the copper tub.

Once you have successfully lined the copper tub with the trash bag, add one measure of salt using the 1/4-teaspoon measure that came with your system. Fill the tub with hot water to a level just beneath the ring in the tub wall (the Exciter™ water head must be completely submerged in the water in order to work properly).

After your footbath, just empty the water out of the tub, untie the drawstring, and peel off the plastic bag so it ends up inside-out. That's all there is to it! Dispose of the bag and your tub is ready for the next footbath.

***A note on cleaning your tub:*** Regardless of how careful you are in handling your tub, copper does tend to darken and tarnish with use and time. Periodic cleaning will help maintain its luster. Our copper tub supplier recommends the ***Bar Keeper's Friend*** line of cleaning and polishing products, which can be ordered at ***www.barkeepersfriend.com***. Several of our FOCUS™ practitioners have also reported good results using ***CLR Kitchen/Bathroom Cleaner*** (which is one of the solvents we have recommended for cleaning Exciters).

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