



OPTIMUM™ Energetics Systems

Copper Tub Use & Care

USE and CARE of your COPPER TUB

In order to minimize discoloration and tarnishing of your copper tub, we advise using a plastic liner for your footbaths. We have had excellent results with ordinary 13 gallon tall kitchen trash bags (the kind with a built-in drawstring closure).

Suggested Lining Method (easiest way to line the copper tub): Simply drop the plastic bag in to the middle of the tub, with only the top portion of the bag open, then slide the drawstring around the lip of the copper tub. Fill the tub up with warm/hot water. As the tub fills up with water, there will be air bubbles forming. To release the air, simply lift up one side of the drawstring that is around the lip of the tub. The bag will fall in to place snugly against the tub. If there are areas that do not fit against the tub, move your hand across the lining to remove air pockets.

Once you have successfully lined the copper tub with the trash bag, add one measure of salt using the 1/4-teaspoon measure that came with your system. Fill the tub with hot water to a level just beneath the ring in the tub wall (the Optimizer™ water head must be completely submerged in the water in order to work properly).

After your footbath, just empty the water out of the tub, untie the drawstring, and peel off the plastic bag so it ends up inside-out. That's all there is to it! Dispose of the bag and your tub is ready for the next footbath.

Cleaning your tub

Regardless of how careful you are in handling your tub, copper does tend to darken and tarnish with use and time. Periodic cleaning will help maintain its luster. Our copper tub supplier recommends the Bar Keeper's Friend line of cleaning and polishing products, which can be ordered at www.barkeepersfriend.com. Several of our practitioners have also reported good results using CLR Kitchen/Bathroom Cleaner (which is one of the solvents we have recommended for cleaning Optimizers).

